



YST INCLUSION SCHOOLS

Special Needs Early Years' Service
S.N.E.Y.s

SLD/PMLD Home Engagement

Childs choice. Find one of each colour and let them choose which colour. That colour will be the exercise they do that day.

Blue Day – Nature Day

Tracking Activity- Using light, such as torches for your child to follow and track around a dark room.

Physical Activity- Rolling and reaching activities- using favourite toys or objects.

Sensory Activity-Nature bags filled with objects out the garden- teamed with a nature walk.

Red Day- Creative Day

Tracking Activity- Attaching bright coloured ribbon to wooden spoon, encouraging child to follow with eye gaze.

Physical Activity-TAC PAC music session
<https://www.youtube.com/watch?v=6xBhMd20vyE>

Sensory Activity-Painting hands, feet or whole body paint experience. Use different temperature and textured_Paint

Green day- Musical day

Tracking Activity-Attach balloons using ribbon to feet and arms, encouraging reactive movement of limbs.

Physical Activity-Encourage touch through favourite song for example- heads, shoulder, knees and toes. Child has a go/adult does it on child.

Sensory Activity- Dough Disco!
<https://www.youtube.com/watch?v=3K-CQrjI0uY>

Yellow DAY- Messy Day

Tracking Activity- Mirror play- using a large safety mirror add things onto mirror for them to touch. Or Intensive interaction. (you copy their movements, facial expressions and sounds)

Physical Activity- Sensory Walk-Go Outside and explore through the 5 senses. Inside, can be done around rooms, feeling different materials, smell what is in your food cupboards.

Sensory Activity-Cooked spaghetti play, coloured spaghetti. Hide toys/objects in it.

Orange Day- Sensory Day

Tracking activity-Using disco balls and movement of changing lights/Dark tents if you have one. (if not you could create a den with a sheet)

Physical Activity- Use different items to create sound. For example, wooden spoon on a sauce pan/tray/plastic bowl.

Sensory Activity- Sensory pockets using plastic wallets/cling film/sandwich bags. Fill with foam, paint, glitter.

Daily Activity- SENSE-ATIONAL Song/story.

This can be done daily With most children’s books/songs. The hungry caterpillar/ we are going on bear hunt/ Incy Wincy spider/ wheels on the bus.

Key points

- Have something for all five senses out. (smell, touch, taste, sight, hear)
- Sing song or read book but there is no rush, let the child take the lead with their senses.
- Let them explore
- Have Fun.

KEY Information

These activities are obviously dependant on child’s ability and with guidance from other professionals involved.

In Accordance with any recommendations that professionals have made for your child.