



**GIRLS' FOOTBALL
SCHOOL PARTNERSHIPS**
Supported by  **BARCLAYS**



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SPORT
TRUST**

Following this week's announcement through Sky Sports and Barclays please find the attached free course.

Guardians of the Galaxy – A new approach to delivering an afterschool or lunchtime club.

The FA Shooting Stars Girls' Football Club programme inspired by Marvel's Guardians of the Galaxy uses super-human powers, high-tech gadgets and super heroes to truly capture the imagination of Primary age girls.

It uses stories to inspire girls to get active and engage in sport with their friends with the sessions aiming to support girls' in their physical development and introduce them to football, whilst developing their leadership skills. All activities are age-appropriate and designed to provide girls with a positive introduction to sport.

There are six weeks of activities for both key stage 1 and key stage 2.

In addition, there is a **Mission Manual which is a "take home" resource** for the girls attending the sessions. This has been designed to help girls share the stories with their parent/carer, re-enact their favourite part, draw or write down their thoughts and give parents/carers the opportunity to practise and play with them. The aim is to embed the activities within the home environment, supporting the recommended daily target of 60 active minutes of play per day.

Once you have been on the course you will have an activate email for you to download all resources free.

Please be aware- The FA are wishing to work with schools who access their resources and are keen to develop facilities however- you need your school to access the course with your school email...

Date: 26th November 2019

Time: 3pm- 5pm

Venue: Our Lady St Chad Secondary School

To book a place, please click [here](#).